



IBFF FIT KIDS SLOVAKIA

GALA CUP



SPORT HALL ARKADIA CLUB AND SPORTCENTRUM
GALANTA, SLOVAKIA

13 APR 2024



INTERNATIONALDANCEOPEN.COM

CHAMPIONSHIP OF THE SLOVAK REPUBLIC 2024

📍 Location

Sport hall Arkadia Club and Sportcentrum, Kpt.
Nálepku 1575/37, Galanta

🗄️ Participation Fee

Solo 25€*

Duo/Trio 25€*

Groups|Formations|Productions 15€*

*Per dancer, per performance!

Bank account for fee : until 8 April 2024

- IBAN: SK 83 8330 0000 0029 0208 5436

Notice : name of club/Gala Cup 2024

If you need invoice – please send email on
fitkids.slovakia@gmail.com with data until
13 April 2024. after that will not accepted.

🗄️ Registration

Registrate on
internationaldanceopenregister.com

Registration deadline is on 30 March or until the
capacity will be full.

INFORMATION

fitkids.slovakia@gmail.com

Milada Hajči +421 911 292 234

www.ibfffitkids.com

Fit Kids Solo A&B Categories

SOLO 1	3-5 years
SOLO 2	6 years
SOLO 3	7 years
SOLO 4	8 years
SOLO 5	9 years
SOLO 6	10 years
SOLO 7	11 years
SOLO 8	12 years
SOLO 9	13 years
SOLO JUNIOR 1	14-15 years
SOLO JUNIOR 2	16-17 years
BOYS 1	Under 10 years
BOYS 2	Over 10 years
SOLO JUNIOR 3	18+

Fit Kids

DUO (2)
TRIO (3)
GROUP (4-10)
FORMATION (11-15)
PRODUCTION (16+)
AGE CATEGORIES
BABY (3-5 Y)
MINI KIDS (5-8Y)
KIDS (9-11Y)
JUNIOR (12-14Y)
YOUTH (15-17Y)
SENIOR (18+Y)

☐☐ Other Disciplines

ACRO DANCE (A&B category)
POLE DANCE
KIDS MISS FITNESS
FITNESS DANCE
KIDS FITNESS STAMINA (SOLO)

☐☐ Categories

SOLO (1)
DUO (2)
TRIO (3)
GROUP (4-10)
FORMATION (11-15)
PRODUCTION (16+)

☐☐ Age Categories

BABY (3-5 Y)
MINI KIDS (5-8Y)
KIDS (9-11Y)
JUNIOR (12-14Y)
YOUTH (15-17Y)
SENIOR (18+Y)

Music Time Limits

Solo 2.30 min

Duo | Trio 3.00 min

Group 5.00 min

Formation 6.00 min

Production 8.00 min

Music is uploaded on the registration website.

Awards

Medals and certificates for all of the contestants.

Trophies for the first three places.

Area

10x10m Tatami floor

Tickets

8,- Eur/day/person a 3,- Eur/day/children up 6 years old

PROPOSITIONS - pole dance category

1. The competition will be on 1x X-POLE STAGE LITE, spinning mode
2. The music can be both instrumental and vocal, the length ranging from 2 minutes 30 seconds to 3.00 minutes.
3. Costumes must meet the standard competition rules of the pole dancer, they must be of a sporty nature - one or two-piece clothing. Hair must be tied back and combed upwards. Makeup can reflect the performance.
4. Grips are allowed - Magnesium of any producer.
5. The choreography should be composed only on the rotating pole. And each age category chooses 3 elements from the FLEXIBILITY ELEMENTS category, 3 elements from the strength category - STRENGTH ELEMENTS and 1 DEADLIFT. Elements must be selected from the provided list of elements in the range of 0.1 to 0.5. It corresponds to the rules for amateur girls and juniors.
6. The elements with the code and their order in the choreography must be sent back to polediva.ke@gmail.com by 8.4.2024.

**INFO: email: fitkids.slovakia@gmail.com,
Milada Hajči – 0911 292 234**