



**EUROPEAN  
CHAMPIONSHIP**

**Košice  
2024**

**15 - 16 June**

FIT KIDS  
ACRO DANCE  
FITNESS DANCE  
POLE DANCE  
KIDS MISS FITNESS  
KIDS FITNESS STAMINA



[ibffitkids.comm](http://ibffitkids.comm)

## **Location**

Theater Grand, Masarykova street 2, Košice

## **Participation Fee**

Solo 25€\*

Duo/Trio 25€\*

Groups|Formations|Productions 15€\*

\*Per dancer, per performance!

\*additional 10€ for those who haven't paid for the membership fee.

Bank account for fee : until 7 May 2024  
- IBAN: SK 83 8330 0000 0029 0208 5436  
Notice : name of club/EUROPEAN  
CHAMPIONSHIP 2024

If you need invoice – please send email on  
fitkids.slovakia@gmail.com with data until  
10.6.2024. after that wi will not accepted.

## **Registration**

Registrate on  
[internationaldanceopenregister.com](http://internationaldanceopenregister.com)

Registration deadline is on 31 May or until the  
capacity will be full.

INFORMATION

[fitkids.slovakia@gmail.com](mailto:fitkids.slovakia@gmail.com)

Milada Hajči +421 911 292 234

[www.ibfffitkids.com](http://www.ibfffitkids.com)

## **Fit Kids Solo A&B Categories**

SOLO 1	3-5 years
SOLO 2	6 years
SOLO 3	7 years
SOLO 4	8 years
SOLO 5	9 years
SOLO 6	10 years
SOLO 7	11 years
SOLO 8	12 years
SOLO 9	13 years
SOLO JUNIOR 1	14-15 years
SOLO JUNIOR 2	16-17 years
BOYS 1	Under 10 years
BOYS 2	Over 10 years
SOLO JUNIOR 3	18+

## **Fit Kids**

DUO (2)  
TRIO (3)  
GROUP (4-10)  
FORMATION (11-15)  
PRODUCTION (16+)  
**AGE CATEGORIES**  
BABY (3-5 Y)  
MINI KIDS (5-8Y)  
KIDS (9-11Y)  
JUNIOR (12-14Y)  
YOUTH (15-17Y)  
SENIOR (18+Y)

## **Other Disciplines**

ACRO DANCE

POLE DANCE

KIDS MISS FITNESS

FITNESS DANCE

KIDS FITNESS STAMINA (SOLO)

## **Categories**

SOLO (1)

DUO (2)

TRIO (3)

GROUP (4-10)

FORMATION (11-15)

PRODUCTION (16+)

## **Age Categories**

BABY (3-5 Y)

MINI KIDS (5-8Y)

KIDS (9-11Y)

JUNIOR (12-14Y)

YOUTH (15-17Y)

SENIOR (18+Y)

## **Music Time Limits**

Solo 2.30 min

Duo | Trio 3.00 min

Group 5.00 min

Formation 6.00 min

Production 8.00 min

Music is uploaded on the registration website.

## **Awards**

Medals and certificates for all of the contestants.

Trophies for the first three places.

## **Area**

10x10m Tatami floor

## **Tickets**

8,- Eur/day/person a 3,- Eur/day/children up 6  
years old

## PROPOSITIONS - pole dance category

1. The competition will be on 1x X-POLE STAGE LITE, spinning mode
2. The music can be both instrumental and vocal, the length ranging from 2 minutes 30 seconds to 3.00 minutes.
3. Costumes must meet the standard competition rules of the pole dancer, they must be of a sporty nature - one or two-piece clothing. Hair must be tied back and combed upwards. Makeup can reflect the performance.
4. Grips are allowed - Magnesium of any producer.
5. The choreography should be composed only on the rotating pole. And each age category chooses 3 elements from the FLEXIBILITY ELEMENTS category, 3 elements from the strength category - STRENGTH ELEMENTS and 1 DEADLIFT. Elements must be selected from the provided list of elements in the range of 0.1 to 0.5. It corresponds to the rules for amateur girls and juniors.
6. The elements with the code and their order in the choreography must be sent back to [polediva.ke@gmail.com](mailto:polediva.ke@gmail.com) by 30.5.2024.